

C O S M I C
R O A D M A P



*Universal Secrets to Finding Your
Unique Meaning in Life*

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COSMIC ROADMAP

Secrets to Finding Your Unique Meaning in Life

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Accelerate your Life Purpose

The Universal Directives are not meant to be a secret to humankind. The Cosmic Principles prevail in all of cosmos, and when man lives true to these divine Laws, he experiences greater well-being, peace and joy. These Principles are immutable and eternal, and apply to all beings everywhere in the vast cosmos. Many a man has lost himself in the mires of materialism and lost his divine connection with his Source. He has forgotten about the mighty Laws of Nature that govern peace and happiness, and out of forgetfulness springs troubles and sorrows so that you are compelled to believe that the Universe is holding back deep secrets from you. The Universe holds no secrets; it is the warped conception of the spiritually-unenlightened minds, which gives the impression that man is a victim of some Cosmic conspiracy.

Hardships are the consequences of your mistakes and indisciplined lifestyle. You are here on Earth to make mistakes so that you can learn to make better choices. Do not burden yourself with guilt and blame for the mistakes that you make. Instead, focus on how you can improve upon them. Mistakes in life help you to become a better person. You must learn to look at your hardships squarely in the face, and see what lesson they are trying to teach you because they reflect the effects of your errors. The effects of disobedience to the cosmic Laws are usually grim and ugly, and your resistance to deal with your lot is what makes the situations appear as difficulties in life. Life is a stringent teacher; your hardships and sorrows will persevere until you gain enough wisdom to discern the Light of Truth, and follow the straight and narrow.

Everyone is scavenging for peace and happiness in the mires of materialism, but in vain. The matter world is illusory and transient, prone to deterioration and destruction; it serves solely as a training-ground where you come to learn from their mistakes, and evolve spiritually. The happiness that you derive from the things of this world is as ephemeral as the matter-world itself. How then, can something that is so imperfect and elusive guarantee you eternal happiness and peace? Such pleasures are deceptive because it wears away in no time, leaving you to crave for more.

Your obsessions with the matter-world bind you with the invisible, heavy, iron chains of bondage whereby your impoverished soul languishes to soar light and free. Your soul needs the nurturance of unconditional love. Unconditional Love is one of the most powerful secrets of the Universe which can fulfill a soul's spiritual purpose on Earth. The energy of unconditional love is a weapon which can transmute all dark energies into Light itself. Moreover, this mighty energy protects your force-field from the negativity that prevails around you. This is the weapon that all the Great Masters, who had once walked this Earth, had wielded in the face of their evil opposition, and triumphed over them. They soared to great spiritual heights on the wings of unconditional love, and, claimed their personal Christhood.

The secret to a peaceful existence on Earth has been reiterated for eons but man is bored of hearing the same thing repeatedly; he wants something new – something that suits his ideology of peace in relation with his lower desires and creature comforts. But the Universal Laws are immutable. They are not made to pander to people's needs and sentiments; They do not change according to people's moods and fancies. The Truth prevails eternally. And one of the Truths is that Unconditional Love is the solution to all your problems on Earth. The secret to unconditional love, peace and happiness can be discovered exclusively in the eternal NOW.

The Blessed Moment of NOW

If you keenly listen to the sounds of silence, you will experience a very resounding stillness that will reverberate like the distant tinkling of silver bells, that it fills your heart and soul until you feel you are one with it. You are then said to be at one with your present moment where nothing but the moment of pure bliss of the NOW exists. In this time and space, no shadows of the painful past or worries of the elusive future can play havoc with your peace. Time stands still eternally in the NOW. Thus, when your focus is steadfast in the Moment, no discordant sounds and commotion of the outside world can cause ripples in the stillness of your soul.

Life, thus, becomes more bearable. No trouble is too troublesome to handle, no problem too baffling to solve. When you live in the silence of your heart, you are in divine communion with your Source so that you are constantly drawing unto you the higher, empowering energies of strength, vitality and rejuvenation. This is why you are ever in a state of well-being and good cheer. And, the radiance that you emanate sends any negative element fleeing for the cover of darkness.

Most of the time you are living a robotic life-style, as you keep flitting between the past and the future. You are either reminiscing on your hurts and wounds of your past or worrying about your future, but hardly mindful of your present moment of time. And your life passes you by as you continue to dwell in these illusory time-zones. NOW is the only moment of existence; it is the only moment you have to live.

The NOW is ever illuminated with the Cosmic Light. No ghosts of the pasts or the sinister fears of the future can thrive in this Light. The secret to continual peace and optimism is in the moment. Put your mind on a tight leash of your conscious-awareness. At any given moment if you catch yourself entertaining a negative thought, then stop it right dead in its track, and substitute it with a positive one which brings joy and gladness to the heart. Your conscious-awareness acts as a sentinel to your errant mind, thus saving you from needless pain and sorrow.

To be in the NOW means to be one hundred percent present in anything you do. This is applicable especially to the mundane activities which need no attention like eating, drinking, bathing, brushing your teeth and so on. Every simple task is spiritualized when you perform it mindfully.

Your NOW is pregnant with the gifts of life and golden opportunities to help you propel to your spiritual freedom. In the Light of the NOW your past fades away into oblivion, while your future is molded in the mindfulness of the moment.

Mindfulness allows you to use your power of free-will to make the right choices in life. You cannot be influenced by negativity if you choose to abide in the Light of optimism. The power of freewill choice lies with you alone. Yours is to challenge the dark-forces; not to succumb to evil out of fear and trepidation.

You are the captain of your ship. Steer your vessel in the Light always. As a captain, you need to be strong and courageous. Be in full control during the nasty storms of life. Keep your wits about you, and handle all situations with greater responsibility, equanimity, grace and poise to prevent your vessel from capsizing. Anchor it firmly in the core of God's Light or else it will drift away with the dark, roaring waves which will toss it around, and thrash it against the treacherous rocks that lie hidden beneath them. Ideal solutions present themselves to a mind that is calm and clear. The Light is your saviour, a beacon of hope, reassuring you of your safety against all the impeding dangers of the world. Only a good and hardy captain can bring his ship home safe and sound, at the end of a harrowing voyage.

Cosmic Energy Shift – Its Signs and Symptoms

The planet is on the threshold of a wonderful, new beginning. The influx of the Ascension energy on Earth is rekindling the hearts of all mankind, and helping him to reclaim his divinity which he had lost to the forces of materialism. With the acceleration of the vibrational frequencies, people are becoming increasingly health-conscious and sensitive to looking good, younger and fitter. New eco-friendly belief-systems of health, peace and purity are gaining supremacy over the old, destructive paradigms of old-age, sickness and death to which their ancestors adhered blindly at the cost of their spiritual health and mental sanity. Everything that belonged to the old world will now have to make way for the new and more wholesome existence on Earth.

It is of utmost importance, to let go of your past, and to move on with the tide of the River of Life without any resistance or inhibitions. When you are in sync with the flow, you do not experience pain and strife. The transition is so natural, very much like falling asleep at night and waking up to a bright, new day with greater joy and enthusiasm.

Those clinging to the old will undergo a lot of trauma as they will be fighting an exhausting, fruitless battle against the on-rush of the new energies. They will stand no chance against the power of the sweeping tide that will fling back everything that does not move with it. The dark forces will take flight, and vanish from the face of the Earth as they will be unable to withstand the high-intensity energies. Those who think they can defy these strong currents of the up-surgings new energies will only end up bruised and defeated. Every dark nook and corner of the planet will be exposed to the Light.

Those attuned to the higher energies will experience joy and abundance; the others may need to go through the rigours of life, and rough it out with much sorrow and sadness. Yet, all of this is a part of the ascension process, in preparation for a journey towards the Light. You need to go through the darkest night before you can behold the first glimmer of Light of

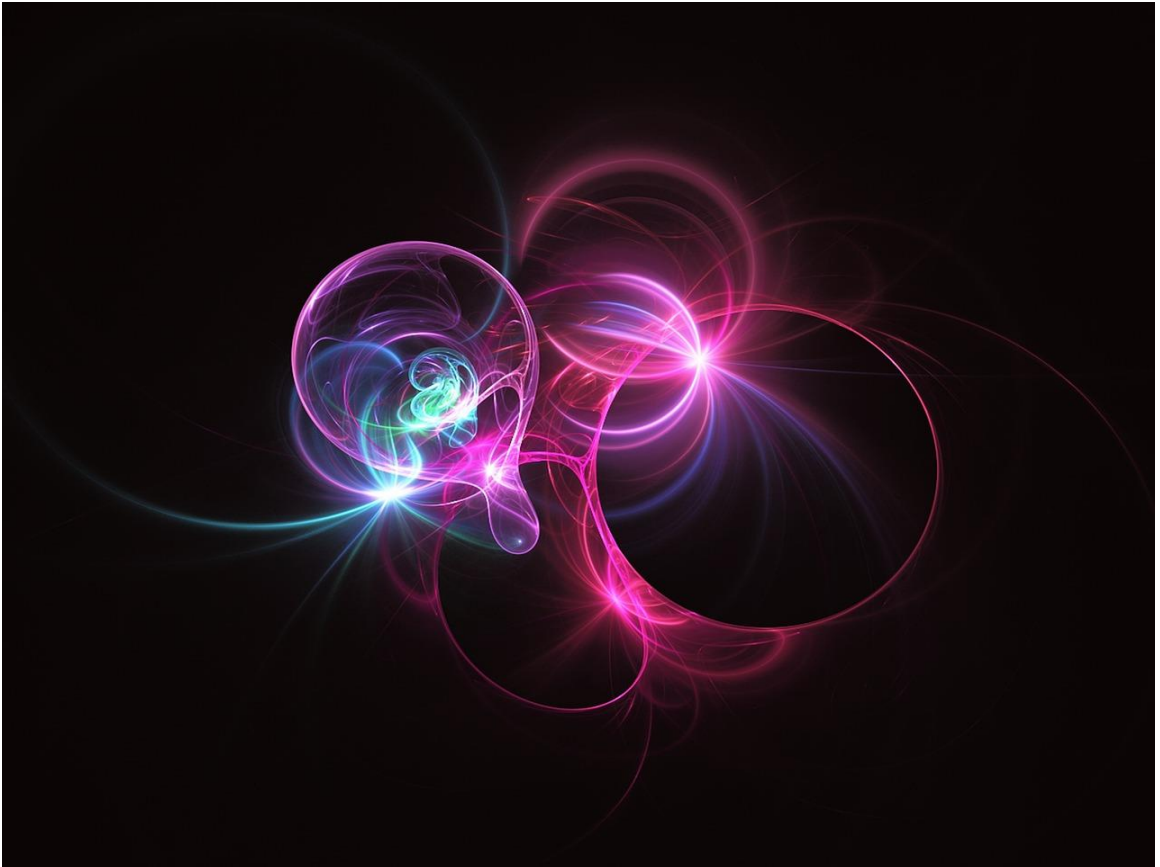
a brand new day – the dawn of the Golden Age, where peace, purity and God-government will reign supreme.

The signs of the energy-shifts are visible all around you:

- Quantum healing is the order of the day as an increasing number of people are turning to the holistic and natural healing techniques to combat all kinds of maladies.
- Middle-aged people are looking much younger and more robust than their predecessors of the past generations.
- If you notice carefully, the sun appears brighter, lending a golden glow of a celestial kind on the Earth during day-time.
- People are becoming more conscious of the health-hazards of artificial, processed and synthetic foods. More and more people are turning to pure, organic foods.
- Veganism is a trend in this age and time, and this is a major breakthrough in this world where consuming the flesh of animals is considered very elegant. With the energy-shift, partaking of dead meat is abhorred and condemned by many who are in the process of refining their bodies; this practice is veritably barbaric, and there is nothing elegant or festive about it. The energy of dead meat is dirty and has very low vibrations; it must be shunned completely, especially when you are working with the higher cosmic energies.
- As your body fine-tunes itself to the Ascension energies you no longer gravitate to your lower desires of low vibrational frequency, and if by any chance you do indulge in these, your body immediately rejects it with vehemence.
- The new energies are introducing rare species of birds, flora and fauna.
- In many cases we have seen miraculous sights where an animal of the wild habitat lives and plays with the domesticated animals in peace and love.

These are some of the tell-tale signs of a brand new Golden Age, yet these signs are just the tip of the iceberg. Mankind has a whole lot

more to discover as time progresses... the marvels of the New Age will fill him with wonderment like never before.



Symptoms and How to Empower Yourself during Major Energy Shifts

In the process of cleansing, all the etheric dirt and pollution within your being, is being brought to surface. This results in the internal upheaval whereby you may experience sickness and discomfort in varying degrees. The lower your vibrations, the more you will stand to suffer. Given below are some of the symptoms you may experience during the energy-shift:

- Diarrhea or constipation as a result of your body feeling scared and wanting to eliminate or hold on.
- Joint-aches, swelling, excessive pain or stiffness in your neck, shoulders or upper or lower back.
- Depression and mood swings.
- High blood pressure, irregular heartbeats, dizziness.
- Headaches, common colds, flu, give release to the impurities within as your body is being purged.
- Sudden emotional outbursts, crying and losing control of yourself at the slightest of provocations.
- You feel you do not belong on this planet anymore.
- The thought of food sickens you, and you desire foods that are a rich source of *Pranic* energy.
- You feel exhausted during the day and desire to sleep.
- You often think of your real Home, and yearn to be with your Star Brothers and Sisters.
- Noise and sound pollution are a vexation to your spirit. You long to live in a peaceful surrounding.
- People and friends who are living with their old 3-d paradigms of old-age, sickness and death no longer appeal to you; their energy is a hindrance to your spiritual progress; you generally prefer to be in your own company.
- Lucid dreaming every night.
- Frequent outage of power systems and busting up of electronic equipment for no reason.
- Erratic weather changes and widespread natural catastrophes.

How to Empower Yourself during Major Energy-shifts

The symptoms of the energy-shift are but temporary and will last until your body adjusts to the new frequencies. Here are some of the guidelines to help raise your vibrational-frequency for a smoother and less traumatic transition:

- Be true to yourself. Treat yourself with greater compassion, love, respect and patience.
- Look after your body well. Practice yoga and do daily work-outs.
- Go out and spend time with Nature. The Nature energies are rejuvenating and healing.
- Meditate daily. Meditation helps to raise your vibrations and lends a protective-shield against the discordant energies around you.
- Spend a few quiet moments with yourself. You need to be with your own energy.
- Live mindfully in the eternal moment of NOW.
- Get plenty of sleep. Your body needs to rest in order to assimilate the high intensity energies.
- Listen to your intuition, and follow your inner guidance.
- Drink loads of water to keep yourself hydrated; water, being a good conductor of electricity, helps your body to withstand the higher energies
- Eat fresh home-cooked meals prepared with your own energy or with that of your loved one. The outside food is spiked with bad magnetism.
- Keep your home clean and fresh. Play soft music, have crystals around the house, fresh flowers, light candles and burn incense.
- Strictly avoid people who live to argue for the sake of arguing or those of a quarrelsome nature. Steer clear of any kind of gossip; it generates evil around you.
- Provide selfless service to others, especially those who are bereft of food and shelter.

- Live always with an attitude of gratitude; be grateful for the have's and the have-not's. This way you will compel life to be kind to you.
- Live with unconditional Love and Forgiveness towards all.
- Live Peace! Be Peace!

Angel Numbers – Meaning & Symbolism

Specific numbers or number sequences are signs of the Universe trying to communicate with us. As what Pythagoras' said, our universe is ruled by numbers, and everything is mathematically precise. Numbers are a universal language, and repeating numbers are found in geometry, sound, and in many realms of science.

Do you know that each number has its own specific vibration and meaning? By recognizing and interpreting these numbers which appear before you, this will help connect you to the messages of the Angels, or the message that the Universe has in store for you.

Have you seen repeating numbers on a clock, your phone, car license plate etc.? It can happen anywhere and every time you notice a number sequence, remember that the Universe is trying to convey its message to you, specifically telling you to take a look at the precise moment. Now, the real divine magic is in that impulse you get to look. You can't and shouldn't go through your day desperately checking the clock all the time, that is coming from an energy based in fear and neediness. The beauty and synchronicity are when you notice them naturally - that is the universe whispering its message to you.

There are general meanings to certain numbers and patterns that you can take as an overview of the message that's coming through.

111 - This number carries the energies of 1 and the master number 11. Combined it suggests new beginnings, enlightenment and spiritual awakening. Your intuition is strong right now and you should ensure your thoughts are positive and in alignment with your intention and dreams. 11.11 is also related to twin flames and starts to pop up when once maybe about to meet their twin flame. Georgina experienced the constant appearance of 11.11 or variations of repeating 1's such as 1.11 or 11.11111.11 during the time that she met her partner. Coming out of a previous relationship with some traumatic emotional baggage, she was understandably hesitant about jumping into something new. She kept noticing these numbers either just before she would meet up with her now

boyfriend or just afterwards. When he sent her loving message she noticed it arrived at 11.11 on 11/1 and when driving to meet him, saw a long series of 1111111111 on the dashboard of her car. All of which signified the start of a very meaningful relationship and one she could not ignore! What numbers are you intuitively being drawn to?

222 - 22 is a master builder number and when combined with another 2 becoming triple, is extremely powerful. It is a sign to keep going PAGE 8 of 27 | 7 Sacred Signs From The Universe in the direction you are in, an encouragement that your hard work and focus will pay off and that evidence of a manifestation is around the corner.

333 - Seeing the number 3 in triple is very powerful, the energy of 3 meaning adventure, freedom and abundance. It is also related to the ascended masters, such as Jesus (the holy trinity) and Moses, Mary and Quan Yin. These masters are near you now in energy and you can call upon them for love and assistance on your path.

444 - This number emphasizes that you have nothing to fear with regard to the life goals you are working towards. It represents the passion and drive to achieve your aspirations, and resonates with productivity and endurance, determination and inner wisdom. When you see this number, know that you are on the right path taking positive actions towards your life purpose.

555 - This combination is about significant life change, nothing to fear, as change is part of life and can usher in important new beginnings. You can ask the angels to help you manifest positive change.

888 - A number sequence to indicate financial and material abundance on its way. These numbers are related to progress and achievements in alignment with your higher purpose.

Recommended Resources

[Manifestation Magic](#)

